



Optimist Pioneer



Mach 3.5 fighter



The Optimist Club of Albuquerque,
New Mexico Bulletin

Chartered March 9, 1940



In Our 84th. Year of Serving the Youth of New Mexico

Volume 84 October 1, 2023 Issue No. 30

2023-2024 Officers

International President:

Tracy Huxley -

International Vice President:

Tony Carpenter -

New Mexico-West Texas

1st. Qtr. District Governor:

Jack Barclay - 575-202-2796

New Mexico-West Texas

District Sec./Treas.:

Greg Siewert - 915-588-6699

Zone 3 Lt. Governor:

Open

Club President:

Pat Frussell - 505-280-1753

Vice President for Admin.:

Steve A. Garcia - 505-836-4035

Vice President for Youth:

Fred Frussell - 505-280-4509

Immediate Past President:

James E. White - 505-238-1436

Club Secretary / Treasurer:

Rita R. White - 505-238-1437

Club President Elect.

Open -

Board of Directors:

2 years:

1. *Catherine Hatcher*

2. *Dolores Morgan*

3. *Open*

1 year:

1. *Lashika Mason*

2. *Stephanie Smith*

3. *James E. White*

Club Sergeant-at-Arms:

Steve Garcia

Club Door Greeter:

James E. White

Optimist Supply:

<http://www.shumskyideas.com/optimist/>

NMCRS# 219956

FED TAX ID (EIN) #850110839

Message from our Club President

Positive Thought for Today: "If you have a dream, don't let it go unfulfilled. Gather the courage to believe in your ability to succeed, and make the necessary plans to make it a reality."

- **Shree Shambav**

Join with the members of your Club and create dreams.

James White - Club President 2022-2023

ZOCO A (The Optimist Club of Albuquerque, New Mexico) Friday Luncheon:

Join us on Friday, Oct. 6th, at 12:00 for our next Club Luncheon. It will be a hybrid Luncheon at the Overture Apartments. Club Business.

Optimist International offers Leadership skills:

Optimist Institute (formerly LMS): Free for all Optimist Members!

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas: leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)

Distinguished Members of The Optimist Club of Albuquerque, New Mexico

1940-1941 Walter Dolde
Charter President

1946-1947 P. J. DeVeau
District Governor

1952-1953 A. F. Reigler
District Governor

1954-1955 Ben Osuna
District Governor

1959-1960 L. M. Gross
District Governor

1961-1962 H. J. Barnett
District Governor

1963-1964 Al Valdez
District Governor

1965-1966 OI Vice President

1966-1967 Ray Eichner
District Governor

1987-1988 Robert Furry
District Governor

1988-1989 Arlin Pennington
District Governor

1991-1992 Fred Leach
District Governor

2007-2008 Venus Sanford
District Governor

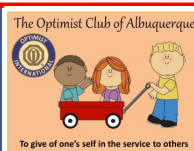
2016-2017 OI Vice President

2021-2022 & 3rd. Qtr. 23-24
Fred Trussell
District Governor



Join us on
facebook

<https://www.facebook.com/OptimistClubofABQ/>



To give of one's self in the service to others

<https://optimistclubofalbuquerque.org>

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

ZOCO A NM Events Calendar:

Club Officer Installation, Sun. Oct. 1, Overture 55+ - 1:30-3:30

Club Luncheon, Fri. Oct. 6, Hybrid - 12:00 - Club Business

RM Highland House Bingo, Fri., Oct. 6 - 5:50 - 8:15

Club Luncheon, Fri. Oct. 13, Hybrid - 12:00 - Birthdays & Anniv.

Club Luncheon, Fri. Oct. 20, Hybrid - 12:00 - Police Officers

RM Yale House Bingo, Fri., Oct. 20 - 5:50 - 8:15

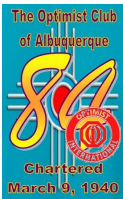
NM-WT District #19
2023-2024



Together we can



Club Contact information:
James White -505.238.1436
jimnewmex101@gmail.com



Friend of Youth

La Copita Club Luncheon: (Sept. 29th)

We arrived at the Sheraton to find a table all set up and reserved for us. Rita passed out the new shirts. Catherine took the opportunity to pay her dues and Dime-A-Day.

Fred talked about his many ports of call while he was in the Navy. Quite an adventure.

We talked about the passing of Past Governor Joe Loya's wife Rosa Maria Andrade de Loya. Services will be in El Paso, Friday, October 6th.

There was a little discussion on the upcoming Club Awards and Installation Banquet.

The food at the Sheraton was great and we discussed the robot being used to deliver the meals.

Catherine brought some school supplies. Lysol wipes, Ziplock bags, construction paper and Crayon color markers.

Catherine mentioned the San Diego State football team will be at the Sheraton along with several upcoming conventions. She does stay busy.

It was Stephanie's and Rick's first La Copita meeting.

Rita and Jim talked about "The Great New Mexico Chili Taste Off" which will be at the Socorro County Fair Grounds, Saturday, Oct. 7. Lots of farm raised items to taste and buy.

Attendance at the Oct. 1 Banquet :

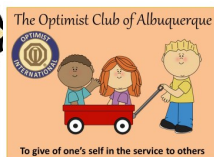
In attendance: (21), 13 Optimists, 8 guests. Optimists attending the Banquet were: Steve Garcia, Catherine Hatcher, Dolores Morgan, Stephanie Smith, Fred Trussell, Pat Trussell, Jim White, and Rita White, (TOCoA) Ed Briggs (Eve. OC), Lynne Martin (Sunport OC), Sallie Rizzo, Steve Togami & Chuck Werkmeister (Rio Communities OC).

Guests: Britney Evens (Catherine's daughter,) Cindy & Tony Krukowski, (Pat's sister & her husband), Rick Smith, (Stephanie's husband), Danny & Christy Trussell, & Taylor Trussell (Pat's son, daughter-in-law and granddaughter), Anna (Steve's guest).



Check out our Facebook page click on the line below

<https://www.facebook.com/OptimistClubofABQ/>



The Optimist Club of Albuquerque, New Mexico

★★70CoA Luncheon: (Oct. 6th)★★

Oct. 6th. will be our next Club Luncheon. It will be a hybrid lunch. So join us for fun and fellowship either live or via Zoom.

How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00 am.

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

Food Orders will be placed Friday morning If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

It's a live meeting!

It will be simulcast via Zoom for those unable to attend live

Bingo Nights at Ronald McDonald Houses:



Our next Bingo Night will be **Oct. 6th** at the **Highland** Ronald McDonald House at 1101 Central Ave. NE. Parking is on the west side of the building. We will start set up at 5:30.

We need prizes for boys and girls age 1 to 14. We need baby items and items for parents. We need father items.

Club Polo shirts: The shirts have arrived and they look really great. Especially the burgundy and forest green shirts with gold lettering. Thanks Ansell's Awards and Specialties.

CLUB INSTALLATION BANQUET:

Sunday, October 1 will be the Club's Officer Installation Banquet for 23-24. We will have a catered event starting at 1:30 to 3:30. The meal will be **\$20.00** per person. All Club Officers, members and their guest should try to attend.

The caterer will be our friends Trish and Robert from Turquoise Roadrunner Catering.

Please get your reservations in as soon as possible. Contact Rita at 505-238-1437.

The Optimist Creed

Promise Yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



Attendance at the Sept. 29 Lunch:

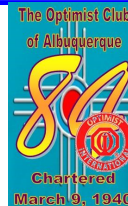
In attendance: (7), 6 Optimists, 1 guest. Optimists attending the meeting were: Catherine H. Stephanie S., Fred T., Pat T., Jim W., and Rita W. Guest: Stephanie's husband Rick Smith

La Copita is an opportunities for Optimists from any Club or just people who what to have a little fellowship to get together and eat and talk.

Club Bulletin:

Let me know of upcoming events and speakers.

If you have information to put in the bulletin call Jim White 238-1436 or email me at jimnewmex101@gmail.com



Upcoming Club Events: (Club Meetings at Overture 55+)

Oct. 1, Club Installations Banquet, Overture 55+ - 1:30

Oct. 6, Fri. Club Luncheon, via Hybrid - 12:00 - Club Business

Oct. 6, Ronald McDonald Bingo, Highland House - 5:30

Oct. 13, Club Luncheon, via Hybrid - 12:00 - Birthdays & Anniv.

Oct. 20, Fri. Club Luncheon, via Hybrid - 12:00 - Police Officers

Oct. 20, Ronald McDonald Bingo, Yale House - 5:30-8:15

Oct. 24, Club Board Meeting, via Zoom - 12:00

★★Website Ads: ★★TIME TO PAY FOR YOUR ADS

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter.

We are still looking for Bulletin Ads. \$15 per year.

Contact Rita at 505-238-1437.

Help your Club pay Bulletin & website costs.

Optimist Dues:

The Club has sending out dues statements for the 2023-2024 Optimist Year. We need to get your payment as soon as possible.

You can add in your Dime-A-Day for this next Optimist year.

Club Board Meeting:

We accepted the transfer of two members of the Optimist Club de Santa Fe. We also voted to purchasing cakes for the Scare-A-Ton Oct. 31 at the Sheraton Uptown. We will be running the cake walk and the ticket booth. We allocated \$100 for some of the cakes. You can also donate cakes or pies.

85TH. CLUB INSTALLATION BANQUET:

President Jim called the Banquet to order and introduced MC Fred. Dolores led the pledge. Jim introduced the outgoing officers.

Jim introduced Fred as our Keynote Speaker. Fred spoke about what Optimist International is all about.

Jim presented awards and gifts to the outgoing Club officers. He called them the Club's Care Bears and each received a Care Bear. Stephanie Smith was presented a President's Citation.

Pat introduced the incoming officers. Governor Designate Lynne Martin then installed the incoming officers into their respective offices.

Pat then talked about her goals for the year.

Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. We need items for prizes. Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes.

Our box of Bingo prizes is getting very low. Can you help?

Next Bingo Night is: **Oct. 6th. at the Highland House.**
We also need volunteers for the Bingo Nights from 5:30 – 8:30.



★★★School Supplies:★★★

During the Club Board meeting Fred talked about a place that has very good prices for backpacks. We will take a look and see what we can do.

Rita reported that we bought about a dozen of the large pencils used by preschoolers. Rita delivered them to the Janet Kahn Library. We also gave the principal Optimist Creed bookmarks for the students to color.

Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact **Dolores Morgan at 505.857.9111 or vivian515@comcast.net.**

District & International Events:

1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in Los Cruces

2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell

106th Optimist International Convention Jun. 23–26, 2024, Niagara Falls, Ontario, Canada (you will need a passport)

3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

Childhood Health & Wellness:

Clubs now have the opportunity to initiate projects and services to improve the quality of life for children across a broader spectrum of needs. **Healthy Lifestyles** (Child Obesity, Healthy Eating, Physical Fitness, Happy Heart Advice, March of Dimes)



Terri Lynn Nut Sales:

<https://theoptimistclubofabq.terri Lynn.com/>

If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. *Be a friend of Youth.* Our Club is working to

help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



RONALD MCDONALD HOUSE * PULL TABS:



Many canned foods now use Pull Tabs that are not Aluminum. If they are dull and not shiny they are of a steel alloy and the recyclers will not buy them.

Check the Tabs before remove them from the cans.



Childhood Cancer Campaign:

Childhood Cancer Campaign is still a program under Childhood Health & Wellness. You can still make donations to the OIF for this program. Just note on your donation that it is for the Childhood Cancer Campaign. Or put money in the Cancer Jar at our weekly Club meetings.



The Club's OI Foundation Club Piggy:



Go to oifoundation.org

We have started a new Optimist Year. We need to think about making donations to the O.I. Foundation. Put a dollar or two in the Piggy or the Health & Wellness jars each meeting.

Go to the OIF website and look at other ways to donate.



2023-2024 Club Dime-A-Day Members:

(3 of 17 = 17.6%)



Catherine H. ♥, Dolores M. ♥, James W. ♥,
(to be sent after Oct. 1)



Club Luncheon Dates:

The Optimist Club of Albuquerque, NM meets weekly at the **Overture 55+ Apartment Complex.** That means we will have regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month.

We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Friday. If there is a 5th Friday in the month then we will call it **La Copita Club** and it will be optional and just a social gathering not an official lunch.

The Optimist Club of Albuquerque, New Mexico


 <p>GARCIA'S Kitchen Catering 505-242-1199</p>	 <p>Anyone can donate to Dime-A-Day or the Foundation</p>	 <p>505-401-3222</p>	<p>Patricia Trussell Independent Consultant Rank: Consultant patrussell.thrive.life@gmail.com www.patrussell.thrive.life.com Phone: (505) 280-1753 We help people around the world create thriving lives.</p> 	 <p>Sheraton ALBUQUERQUE UPTOWN 2600 Louisiana Blvd. NE</p>
<p>OVERTURE ALBUQUERQUE 6441 Palomas Ave. NE (505) 288-3192</p>	<p>Bulletin ads are \$15 a year Website ads are \$60 per year or \$15 per quarter. Call Rita at 505-238-1437</p>	 <p>Walter Dolde Charter President The Optimist Club Of Albuquerque, New Mexico March 1940</p>	<p>Optimist Youth Camp Evening Optimist Club</p> 	 <p>SUPPORT THEM</p>
 <p>505-877-7576</p>	 <p>Our community benefits from every donation you make to the O.I. Foundation.</p>			 <p>505-836-4035</p>
 <p>Robert & Trish Templeton 505.217.6444 or 505.400.4977 turquoiseroadrunnercatering@gmail.com</p>	 <p>https://theoptimistclubofabq.terri Lynn.com/</p>	 <p>RONALD McDONALD HOUSE CHARITIES NEW MEXICO</p>	<p>Have Santa Zoom your Family go to www.americassanta.com</p> 	 <p>CHILDREN'S HOSPITAL</p>

Purposes of Optimist International

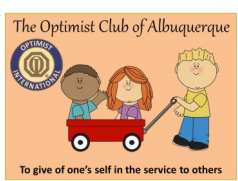
To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.



Learn more about
The Optimist Club of Albuquerque, New Mexico
at
<https://www.facebook.com/OptimistClubofABQ/>
OR
<https://optimistclubofalbuquerque.org>



For Lovers of Good Books, Fine Spirits and Good Conversation
E. E. Curley Roose - Established March 9, 1940
Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon



Friend of Youth

Postage Stamp

The Optimist Club of Albuquerque, New Mexico
Meeting every Fridays at 12:00
c/o Fred G. Trussell or Patricia Trussell
Overture 55+ Apartment Complex
6441 Palomas Ave. NE, Apt. 304
Albuquerque, New Mexico 87109

